



Treatment support for opioid use disorders



Medications for opioid use disorder (MOUD) help control withdrawal symptoms and cravings and help maintain long-term stability.

About MOUD and MAUD

MOUD is the standard of care for OUD and supports recovery. It pairs FDA-approved medication with support services to treat substance use disorders and prevent opioid overdose.

There are many forms of MOUD which can be used to treat MOUD, such as agonist and antagonist therapies, which may be provided in a variety of treatment settings, including virtually.

Discontinuation of MOUD may result in relapse, overdose and death. Individuals engaged in MOUD and psychosocial supports have better outcomes than medication alone.

Pharmacotherapy for opioid use disorder

The Pharmacotherapy for Opioid Use Disorder (POD) HEDIS® measure assesses members ages 16 and older with an OUD with a new OUD pharmacotherapy event and on the medication for at least 180 days.



With MOUD, the relapse rate for those with OUD decreases to

50% at one year.

Helpful tools and resources

MOUD and MAUD (providerexpress.com) – Helpful patient information, provider tools, clinical resources

[Documenting Substance Use Disorder \(SUD\) Remissions](#) – Educational flyer on remission codes and documentation

[CDC Clinical Practice Guideline for Prescribing Opioids for Pain – United States, 2022 | MMWR](#) – Provides recommendations for safer and more effective prescribing of opioids for chronic pain in patients 18 and older in outpatient settings outside of active cancer treatment, palliative care and end-of-life care

[Healthcare Professionals | Healthcare Professionals | Opioids | CDC](#) – Provides prescribing resources, trainings and information for patients and healthcare administrators

[SAMHSA.gov/medication-assisted-treatment](https://www.samhsa.gov/medication-assisted-treatment) – Substance Abuse and Mental Health Services Administration (SAMHSA) MOUD/MAUD information

Optum Live and Work Well. [Substance use disorders](#).

SAMSHA. [Medications for substance use disorder: statutes, regulations, and guidelines](#), September 2023.

NCQA. [2023 HEDIS Specifications](#).



SUD Helpline

1-855-780-5955

SUD Helpline is a 24/7 helpline for providers and patients, providing assistance with community supports, referrals and education.



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