



Transition age youth crisis resources

Crisis Text Line crisistextline.org

Text HOME to 741741 for free, 24/7 crisis counseling

The 988 Suicide & Crisis Lifeline 988lifeline.org

Call 988

TTY: Use your preferred relay service or dial 711 then 988.

Spanish: 988

We're here for you now | The Trevor Project

thetrevorproject.org/get-help

Crisis Lines for LGBTQ Youth Trevor Project provides suicide prevention and crisis intervention services to lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ+) young people.

Call 1-866-488-7386

Text START to 678678

Trans Lifeline — Peer support services, hotline and resources for transgender people translifeline.org

Crisis lines | Suicide Prevention Resource Center sprc.org

Domestic violence support | The National Domestic Violence Hotline thehotline.org

Support Services for Runaway and Homeless Youth-Basic Centers benefits.gov/benefit/625

National Runaway Safeline 1800runaway.org

Childhelp National Child Abuse Hotline childhelphotline.org

Healthy relationships for young adults | love is respect
loveisrespect.org

Safe Place nationalsafeplace.org

- Abuse nationalsafeplace.org/abuse
- Anxiety and stress nationalsafeplace.org/anxiety-and-stress
- Body awareness nationalsafeplace.org/body-awareness
- Bullying nationalsafeplace.org/bullying
- Drugs and alcohol nationalsafeplace.org/drugs-and-alcohol
- Eating disorders nationalsafeplace.org/eating-disorders
- Homeless youth nationalsafeplace.org/homeless-youth
- LGBTQ nationalsafeplace.org/lgbtq
- Life changes nationalsafeplace.org/life-changes
- Loss and grief nationalsafeplace.org/loss-and-grief
- Running away nationalsafeplace.org/running-away
- Sex, pregnancy, and STDs
nationalsafeplace.org/sex-pregnancy-and-stds
- Sexual assault and rape
nationalsafeplace.org/sexual-assault-and-rape
- Suicide prevention nationalsafeplace.org/suicide-prevention
- Teen dating violence nationalsafeplace.org/teen-dating-violence

Planned Parenthood plannedparenthood.org

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