



Behavioral Health Telehealth Billing Quick Reference Guide

The following guidance is intended to assist providers in billing for telehealth services. Effective Nov. 1, 2023.

Health Plan	Procedure Codes	Mandatory Place of Service (POS) Code	Optional Modifiers	
All health plans	<ul style="list-style-type: none"> Use standard CPT codes for assessment, evaluation & management, and therapies. Participating (contracted) network providers should use the applicable CPT code(s) listed on their fee schedule. 	Use POS 02 or POS 10, as appropriate	Providers should follow the guidance outlined below for modifier use	
Commercial only	<ul style="list-style-type: none"> For ABA services, telehealth is only allowed for these three CPT codes: 97155, 97156 or 97157. <ul style="list-style-type: none"> These are the procedure codes that identify the virtual supervision of ABA Behavior Technicians and Family Training and Guidance. Additional information and resources can be found on the ABA page on the Provider Express website. 	Use POS 02 or POS 10, as appropriate	Modifier	Definition
			93	Audio-only
			95	Asynchronous audio/video
			FQ	Audio-only, limited to behavioral health services provided via telehealth
			GT	Interactive audio/video
Medicare Advantage only		Use POS 02 or POS 10, as appropriate	Modifier	Definition
			93	Audio-only
			FQ	Audio-only, limited to behavioral health services provided via telehealth
Medicaid only	Participating (contracted) network providers should follow your state Medicaid billing requirements for the appropriate CPT codes.	Use POS 02 or POS 10, as appropriate	Participating (contracted) network providers should follow your state Medicaid billing requirements for appropriate modifier use.	