



Provider Alert

Optum Behavioral Commercial – Annual Health Wellness Exams

As of Jan. 1, 2023, Connecticut Substitute House Bill 5001 ([Public Act No. 22-47](#)) requires coverage of two (2) preventive mental health wellness exams annually by either a licensed mental health professional or primary care provider.

Who does this apply to?

- Both in and out of network providers who are eligible to perform Wellness Exams.
- Members with Fully Insured Commercial benefits whose accounts are situated (issued) in the state of Connecticut.

What do I need to know?

- Two MH Wellness Exams covered annually.
- Member will not incur a cost share.
- If two MH Wellness Exams already billed, next claim will pay as standard outpatient visit. Cost share will apply.
- Visits do not require prior authorization.
- The 33 modifier identifies this service as a MH Wellness Exam and must be included when billing for this service.

Commercial Coding/Billing Requirements:

Mental Health Wellness Exams

Service Code	Line of Business	Service Description
90791-33	Commercial	Psychiatric diagnostic evaluation without medical services
90792-33	Commercial	Psychiatric diagnostic evaluation with medical services

NOTE:

- Optum is making system updates to account for this legislation. Until system updates are complete, Annual Mental Health Wellness Exam Claims submitted with modifier 33 and paid with cost share applied will be reviewed. Any claims with cost shares inappropriately applied will be adjusted.
- For Annual Mental Health Wellness Exam Claims submitted without modifier 33 where cost share was applied, submit a corrected claim.

Need additional assistance?

- For Benefit or Clinical questions, please call the phone number on the back of the member's insurance card.
- For Contract or Credentialing questions, please contact Provider Services at 877-614-0484