



ENHANCED PSYCHIATRIC DAY TREATMENT (PDT)

PURPOSE

Performance specifications are intended to enhance MassHealth Enrollee experience and outcomes by promoting transparency and consistency across Plans and providers. Performance specifications are expectations imposed on providers who contract for these specific and related services. Information contained in this document is based on publicly available documents, Plan expectations, your contract, and MassHealth guidance. This information should be and will look materially like any other MassHealth contracted Plan. Performance specifications, your provider manual, and other requirements can be found at providerexpress.com.

Providers contracted for this level of care or service are expected to comply with applicable regulations set forth in the Code of Massachusetts Regulations, and all requirements of these service-specific performance specifications. In addition, providers of all contracted services are held accountable to the General Performance Specifications. Where there are differences between the service-specific and General Performance Specifications, the service-specific specifications take precedence.

OVERVIEW

Enhanced Psychiatric Day Treatment is a specialized service that incorporates peer-led support and recovery-oriented services based upon the principles of psychiatric rehabilitation and recovery. These services build upon services provided in Psychiatric Day Treatment. Enhanced Psychiatric Day Treatment has the same goals, structure, and modalities as Psychiatric Day Treatment, with the addition of the peer services component.

The following Enhanced Psychiatric Day Treatment performance specifications are a subset of the Psychiatric Day Treatment performance specifications. As such, Enhanced Psychiatric Day Treatment providers agree to adhere to both the Psychiatric Day Treatment performance specifications and to the Enhanced Psychiatric Day Treatment performance specifications contained within. Where there are differences between the Psychiatric Day Treatment and Enhanced Psychiatric Day Treatment performance specifications, these Enhanced Psychiatric Day Treatment specifications take precedence.

SERVICE COMPONENTS

1. In addition to the scope of required service components outlined in the general performance specifications for Psychiatric Day Treatment, the peer support and recovery-oriented services are delivered and supervised in a way that does not alter the program's compliance with MassHealth's and the Department of Public Health's regulations.
2. Individuals who deliver this peer support component to Enrollees in Enhanced Psychiatric Day Treatment have participated in a program designed to teach them to

lead or co-lead group services and engage in other supportive activities that promote wellness and recovery.

3. At a minimum, peer support and recovery-oriented services are provided by a trained peer worker three hours per week.

STAFFING REQUIREMENTS

1. The provider complies with the staffing requirements of the applicable licensing body, the staffing requirements in the Plan service-specific performance specifications, and the credentialing criteria outlined in the provider manual found at providerexpress.com.
2. In addition to the staffing requirements outlined in the Psychiatric Day Treatment performance specifications, persons with lived experience in utilizing mental health services, who have received training as a Certified Peer Specialist (CPS) or peer worker, provide peer support and recovery-oriented services.
3. Peers who deliver peer services to Enrollees as part of Enhanced Psychiatric Day Treatment receive ongoing support and supervision from program staff. The program also provides supervision by a senior CPS or other senior peer worker or assists the peer in Enhanced Psychiatric Day Treatment with accessing peer-to-peer supervision and/or support. Upon request, Enhanced Psychiatric Day Treatment providers will submit documentation of the supervision and training of these peer specialists to Plan for review.

SERVICE, COMMUNITY AND OTHER LINKAGES

None

PROCESS SPECIFICATIONS

None

QUALITY MANAGEMENT

1. The provider will develop and maintain a quality management plan that is consistent with their contractual responsibilities to Optum, and which utilizes appropriate measures to monitor, measure, and improve the activities and services it provides.
2. A continuous quality improvement process is utilized and may include outcome measures and satisfaction surveys to measure and improve the quality of care and services delivered to Enrollees, including youth and their families.
3. Clinical outcomes data must be made available to Optum upon request and must be consistent with the performance specifications of this service.
4. Providers must report any adverse incidents and other reportable events that occur to the relevant authorities.